



UNPAID CARERS INFORMATION EVENT



WEDNESDAY 26TH AUGUST 2015
REGISTRATION FROM 10AM
EVENT 10.30 AM— 3PM

Venue:

The Carnegie Conference Centre
Halbeath Road, Dunfermline, KY11 8DY

There'll be a variety of workshops available including :

Self Directed Support
Carer Support Plans
Short Breaks
Stress Busters

Circus Skills
Therapies
Walking Football

Free event, lunch provided, booking essential
please contact

Fife Carers Centre on 01592 205472
or email centre@fifecarers.co.uk

